

FEES (all fees include GST)

(Per session)		H.C.C. Holder
Standard	\$75	\$50
Couples	\$85	\$75
Marriage PREPARE \$350 package		

It is not intended that financial problems should prevent a person gaining access to counselling. A lower fee will be negotiated with clients who have genuine financial problems. Please discuss any financial issues with your counsellor.



Hours

Appointments

Counselling sessions are available Wednesdays & Fridays between 11am to 9pm. All counselling sessions are by appointment only. Please call the turningpoint church office on 03 5996 3048 between 9:00am to 4:30pm to book a session. Receptionists will take your details and a counsellor will return your call as quickly as possible, to discuss your needs and to arrange a suitable appointment time.

Counselling Sessions

Counselling sessions are normally 50-55 minutes in duration. Counselling is often a continuing process and appointments can be arranged on a weekly or fortnightly basis.

Notice of cancellation is requested at least 24 hours in advance where you are unable to keep an appointment or else a fee will be incurred.

Your Appointment:

Date: _____

Time: _____ AM / PM

As our service is highly sought, PLEASE give 24 hours notice if you are unable to attend



Phone: (03) 5996 3048
Email: church@turningpoint.asn.au
Web: turningpointchurch.org.au

1785 South Gippsland Hwy., Cranbourne 3977
P.O. Box 5422, Cranbourne 3977

Our Aim

The Counsellors at **turningpoint** Counselling Centre aim to provide caring, helpful assistance to people attempting to cope with issues in their lives, and to aid them in gaining insight into those issues, developing strategies for coping, and working towards restoration of health and well-being. We also provide life coaching.

What is Counselling?

Counselling practice recognises that many people will at times benefit from the insight of a Counsellor whose training and experience equips them to assist people in coming to terms with a range of life's issues.

turningpoint Counselling Centre seeks to provide a secure, confidential, non-threatening environment where problems can be discussed, feelings can be clarified, and solutions can be explored with support from an experienced Counsellor.

Counselling support is available for:

- Individuals
- Couples
- Families
- Adolescents

Personal Counselling

This covers a wide range of issues. These include: grief/loss, abuse, depression, addictions, self esteem, anger, anxiety, and financial.

Relationship Counselling

This deals with issues that come out of relationships with those who are closest to you. Areas covered include: pre-marital, marriage, family and mediation.

Family Counselling

Deals with issues arising within families. These include: conflict resolution, parent/child relationships, parent/adolescent relationships, sibling relationships.

Counselling for Adolescents

Adolescents also have special needs and challenges when it comes to counselling. We have Counsellors who are skilled in working with young people.

Life Coaching

Goal setting, exploring option's for self development.

Counselling is available in the following areas:

Self development, self-esteem

Grief and loss, trauma

Emotional stress

Marriage and relationship difficulties

Separation and Divorce

Anger management

Communication skills

Parenting skills

Suicide, Depression and recovery

Addictions - Drug & Alcohol, Eating Disorders

Domestic & Family Violence

The Counsellors

turningpoint Counselling Centre includes experienced Counsellors who have skills in a variety of counselling areas. All Counsellors have professional qualifications in counselling and/or Christian Ministry are committed to ongoing professional development.

Confidentiality

All counselling sessions are conducted on a strictly confidential basis and **turningpoint** Counselling Centre works to a strict code of ethical practice.

Unless there is a danger of harm to yourself or others, or unless there are legal implications resulting from what has been disclosed all