

FULLY
DEVOTED

FACILITATOR



FROM THIS
DAY FORWARD



LIFECHURCH.TV

FACILITATOR TIPS

This facilitator guide is designed to give leaders a brief overview of how to lead the *From This Day Forward* learning series in a small group setting or in a large group campus experience. The participant guide was designed for users to be able to follow along on their own; so make sure you are familiar with the content found in the guide and in the videos before leading a group through it. You can download the guide and access the videos at <http://resources.lifechurch.tv> by searching *From This Day Forward*.

THINGS TO CONSIDER WHEN LEADING *FROM THIS DAY FORWARD*

- The content can be customized. Feel free to add to it during your live segments.
- If possible, have a married couple lead your group. This will help both men and women better connect with the content you are teaching.
- Be authentic and transparent as you lead couples through this series. Share stories and examples from your own marriage.
- This series can also be used as prep-for-marriage curriculum for engaged couples. You can easily tailor the content to work for engaged couples.
- If you are leading a large campus experience, you might consider having preselected couples at each table to lead those at their table through the activities and facilitate discussion.
- If time is limited, don't feel like you have to ask every Talk It Over question. Just pick the questions you feel will result in the best conversation within your group.
- Feel free to use some of the Next Steps as group activities if time allows.

SUGGESTED TIME FOR LARGE GROUP SETTINGS

From This Day Forward was designed to be taught in five sessions. This can be done over five weeks or five days. If you decided to use this series at a weekend campus event, here is a breakdown of suggested times:

- Friday night (two to two and a half hour experience): Sessions 1 and 2
- Saturday morning (three to three and a half hour experience): Sessions 3, 4, and 5

You will find a breakdown of suggested running times beginning on the next page. Be sure to build in some breaks for your group. A great time for breaks would be between each session.

SESSION 1: SEEK GOD

Marriage Assessment (10 minutes)

As you begin your session, allow time for couples to take the short marriage assessment beginning on page three of the participant guide. There is an assessment for couples who are already married and a separate assessment for engaged couples. If time doesn't allow for couples to do the assessment during your time together, encourage them to complete the assessment on their own before your next session. The suggested time for the assessment is 10 minutes. You might encourage everyone to talk about their results after they are done.

Session 1 Video (29 minutes)

The total run time for the Session 1 video is just over 29 minutes. There are natural breaks between video segments with Talk It Over questions.

Talk It Over Questions (5 to 10 minutes each)

There are two questions asked during the video and three at the end. Adjust the time you designate to discuss each question based on what best works for your group.

Possible Group Activity (time varies)

If you want the couples in your group to do an activity during your time together for Session 1, you can make the assessment an activity, or you can give them time to discuss their Next Steps and decide which devotional plan they will use together during this series. You might also consider giving couples time to pray together.

Possible Group Activity (time varies)

If you want the couples in your group to do an activity during your time together for Session 1, you can make the assessment an activity, or you can give them time to discuss their Next Steps and decide which devotional plan they will use together during this series. You might also consider giving couples time to pray together.

Important Note:

Stress the importance of couples praying together, and encourage them to use one of the devotional plans mentioned in their participant guide. They can also find one on their own.

SESSION 2: FIGHT FAIR

Session 2 Video (26 minutes)

The total run time for the Session 2 video is just over 26 minutes. There are natural breaks between video segments with Talk It Over questions.

Talk It Over Questions (5 to 10 minutes each)

There are two questions asked during the video and three at the end. Adjust the time you designate to discuss each question based on what best works for your group.

Possible Group Activity (time varies)

There are two Next Step activities for this session: *Stop, Look, Listen* and *5 Steps to a Solution*. You can have couples do one or both of these activities during your group time. Instructions for these activities can be found in the participant guide.

SESSION 3: HAVE FUN

Session 3 Video (27 minutes)

The total run time for the Session 3 video is just over 27 minutes. There are natural breaks between video segments with Talk It Over questions.

Talk It Over Questions (5 to 10 minutes each)

There are two questions asked during the video and three at the end. Adjust the time you designate to discuss each question based on what best works for your group.

Possible Group Activity (time varies)

The next step activity for this week is for couples to plan a date night. You can have couples plan this during your time together. You might also brainstorm fun date night activities with the group and have couples share their ideas with the group.

Important Note:

If you are leading a group of engaged couples through this content or have engaged couples in your group, be sensitive when talking about sex. This could be a good opportunity to talk about the importance of remaining pure before marriage. Use your best judgment.

SESSION 4: STAY PURE

Session 4 Video (25 minutes)

The total run time for the Session 4 video is just over 25 minutes. There are natural breaks between video segments with Talk It Over questions.

Talk It Over Questions (5 to 10 minutes each)

There are two questions asked during the video and three at the end. Adjust the time you designate to discuss each question based on what best works for your group.

Possible Group Activity (time varies)

There are several Next Steps to help couples maintain purity in their marriage for this session. One possible activity could be for couples to discuss what boundaries they need to put into place regarding how they interact with the opposite sex. They can also discuss additional proactive steps they need to take to keep impurities from filtering into their marriage, such as using content filters on their computers.

Important Note:

Purity is the most common struggle that couples face today. Be ready to help couples who are struggling with purity by finding them resources or people who can help them. Encourage them to act immediately if purity is a problem for them.

SESSION 5: NEVER GIVE UP

Session 5 Video (26 minutes)

The total run time for the Session 5 video is just under 27 minutes. There are natural breaks between video segments with Talk It Over questions.

Talk It Over Questions (5 to 10 minutes each)

There are two questions asked during the video and three at the end. Adjust the time you designate to discuss each question based on what best works for your group.

Possible Group Activity (time varies)

One activity you can have couples do in your group is to begin working on their 90-day marriage enrichment calendar. They can find the instructions in their participant guide.

Important Note:

Since this is your last session together, take time to go over the Next Steps in the participant guide. Also, if there are any couples who are in a crisis situation, help them by having them talk with a pastor or guide them towards professional counseling.